

Welbodi Tok Show 2019

**Radio health talk by Joan Bassie and Marie Turay
from Lion for Lion health centre at Brigitte Village**

Every other Saturday from 1 pm – 1.30 pm on SLBC at 99.9 FM

| No. | Date | Topic |
|-----|----------------------------|---|
| 1. | 16 th February | Yu best padi - (Personal) Hygiene |
| 2. | 2 nd March | Luk aw di plez scatta! – Environmental sanitation |
| 3. | 16 th March | No waste is wasted – Waste management |
| 4. | 30 th March | Leh a hep firs! - First aid in accidents |
| 5. | 13 th April | Yu get drugs? Foh sabi aw foh tek dehn! – Drug misuse Especially the misuse of opiate containing drugs like Tramadol |
| 6. | 2 nd May | The backbone of health care – Responsibilities of CHWs & the importance of referrals |
| 7. | 18 th May | Plan your family, plan your future – Family planning |
| 8. | 15 th June | Foh belleh uman dehm - Abortion |
| 9. | 29 th June | Notoh di sehm! – Female and male circumcision |
| 10. | 13 th July | Food noh dae, di fud noh gud! - Malnutrition |
| 11. | 27 th July | Weh di blood noh de du - Anaemia |
| 12. | 10 th August | Be wise, immunise! - Immunisation and vaccines |
| 13. | 24 th August | Di Mosquito dehm noh de slihp! - Malaria and use of bed net |
| 14. | 21 st September | Take a deep breath! - Pneumonia, asthma and coughs |
| 15. | 19 th October | Welbodi foh ohl man? – Free health care and its impact |

| No. | Date | Topic |
|------------|---------------------------|--|
| 16. | 16 th November | Foh sabi dat belleh uman! – Pre- and postnatal care |
| 17. | 30 th November | Yu bobby deh du! - Exclusive breast feeding |
| 18. | 14 th December | Mi pikin noh wel – Care for sick children |
| 19. | 28 th December | Paediatric surgical visit 2020 - Call for registration |