



## Welbodi Tok Show 2020

Radio health talk by Lion for Lion health centre

Sponsored by Löwe für Löwe e.V. Germany

Every other Saturday from 1 pm – 1.30 pm on SLBC at 99.9 FM

Listen again: <http://www.loewefuerloewe.de/radiosendung-welbodi-talk.cfm>

No.	Date	Topic
1.	11 <sup>th</sup> January	Backbones of health care - How our health care system works
2.	25 <sup>th</sup> January	Welbodi foh ohl man? - How <u>free</u> health care works
3.	8 <sup>th</sup> February	Yu best padi - (Personal) hygiene & environmental sanitation
4.	22 <sup>nd</sup> February	Leh a hep firs - First aid in accidents
5.	14 <sup>th</sup> March	Kush-e-o! Drugs misuse & its devastating impacts on all of us
6.	28 <sup>th</sup> March	Plan your family, plan your future - Family planning
7.	18 <sup>th</sup> April	The truth about female circumcision
8.	9 <sup>th</sup> May	Her body, her choice - Safe abortion is a women's right
9.	30 <sup>th</sup> May	Nutrition education - Impact of malnutrition on your health
10.	13 <sup>th</sup> June	Weh di blod noh du- Anaemia
11.	27 <sup>th</sup> June	Be wise, immunise! - Immunisation & vaccines
12.	11 <sup>th</sup> July	Prepare for the rainy season - Diarrhea & vomiting
13.	25 <sup>th</sup> July	Titi tek Tem - Teenage pregnancy & early marriage
14.	8 <sup>th</sup> August	Di mosquito dem nor de slihp - Malaria & use of bed net
15.	22 <sup>nd</sup> August	Foreign bodi - Emergency treatment

No.	Date	Topic
16.	12 <sup>th</sup> September	Mi pikin nor wel - Care for sick children
17.	26 <sup>th</sup> September	Foh belleh uman & man dem- Prenatal & postnatal care
18.	10 <sup>th</sup> October	Yu bobby dem gud- Stronger with breastmilk only
19.	24 <sup>th</sup> October	Yu de cof? - Acute respiratory infections
20.	14 <sup>th</sup> November	Let's talk about sex baby! – Sexual transmitted diseases
21.	28 <sup>th</sup> November	Know your HIV status – Prevent AIDS
22.	12 <sup>th</sup> December	Christmas Special: Call for registration for surgical camp in 2021

**- End of 2020's programme -**

**to be continued in 2021**